

Your
UK Guide



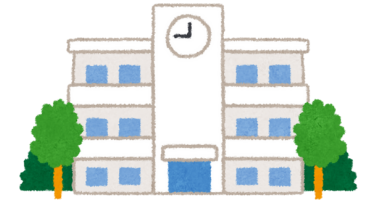
What to do in your first week?



Not sure about any of the following?
Ask the International Office at:
international.office@hud.ac.uk



✓ Set up a bank account



✓ Find your school building



✓ Manage your money



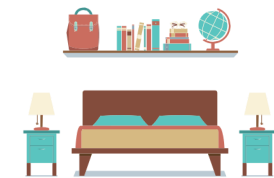
✓ Sort out your mobile phone
– be careful with contracts



✓ Register yourself with the NHS
(visit the University Health Centre)



✓ Understand your bills
(Council Tax exempt)



✓ Queries with your accommodation? Contact HudLets
(Students' Union)



✓ Find out what events are coming up

Understand your money



£1
One pound
Also known as a 'quid'



£2
Two pounds
Also known as a 'two quid'



£5
Five pounds
Also known as a 'fiver'



£10
Ten pounds
Also known as a 'tenner'



£20
Twenty pounds
Also known as a 'twenty'



£50
Fifty pounds
Also known as a 'fifty'



1p
One pence
Also known as a 'penny'



2p
Two pence



5p
Five pence



10p
Ten pence



20p
Twenty pence



50p
Fifty pence

Transport in the UK



Bus

- Tell the driver where you are going and pay on the bus
- Weekly tickets – pay on the bus or online
- Try to use exact change and don't pay with £10, £20 or £50
- Late at night – it is safer to avoid the top floor
- Press the bell on the bus before the stop you want



Taxi

- Often cheaper to pre-book
- Ask for a price before you book or travel
- Convenient to book with mobile apps
- Always check that the taxi is licenced
- Do not put your hand out on the road to stop a taxi



Train

- Cheaper if booked in advance
- Keep your ticket until exiting station of destination
- Book online, use ticket machines or buy at the ticket office
- Ask the ticket office about the 16-25 railcard – save up to a 1/3 off the standard ticket price



London Underground

- Pay for single or daily tickets, Oyster or contactless card
- Different lines in London have different colours
- tfl.gov.uk has up-to-date information for delays and travel plans



Culture Shock



WHAT IS IT?

'Culture Shock' describes the impact of moving from a familiar culture to one which is unfamiliar. It is an experience described by people who have travelled abroad to work, live or study; it can be felt to a certain extent even when abroad on holiday. It can affect anyone, including international students. It includes the shock of a new environment, meeting lots of new people and learning the ways of a different country.

The weather

The weather can change quickly in the UK and people can find it difficult to adapt to these changes. It can rain a lot, so be sure to have a waterproof coat and an umbrella no matter what the season. Dress up warm in the winter months where the weather can get extremely cold and the sky gets dark much earlier.



The food

You may find British food strange at first. It may taste different, or be cooked differently, or it may seem bland or heavy compared to what you are used to. Try and find a supplier of familiar food, and eat plenty of fresh fruit and vegetables.



The language

People might speak quickly or with a strong regional accent, so you may find it difficult to understand. Don't be embarrassed to ask somebody to repeat what they have said.



The behaviour

Social behaviours may be different to what you are used to, and you may find that people seem busy, distant or appear cold especially in the large cities.

You may be surprised to see public displays of affection, differences in what people wear and differences in same sex social contact and relationships. We are a very open nation, and it is important not to laugh, stare or point at things you may not be used to seeing.

British slang



Just when you thought you understood the English language, here are some popular slang words used in daily life...

“Cheers”

Meaning to celebrate when toasting a drink, but also another way to say ‘thank you’.

“Chuffed”

Meaning to be very ‘happy/pleased’.

“Dodgy”

Meaning something or someone is ‘untrustworthy’.

“Fortnight”

Meaning ‘two weeks’.

“Gutted”

Meaning ‘saddened or devastated’ about a situation.

“Knackered”

Meaning ‘tiredness or exhaustion’ in any given situation.

“Mate”

Meaning a ‘friend’ but also used as ‘a friendly greeting’ in conversation.

“Naff”

Meaning something is rubbish or ‘not very good’.

“Okie Dokie”

Meaning another word to say ‘OK’

“You ok?”

Meaning another way to say ‘how are you’.










Do's...










Dont's...



-  Get involved with campus events/societies
-  Get active, participate in class and make new friends
-  Queue and respect it – it's a British art form
-  Respect animals and nature
-  Respect everybody around you, and respect their opinions, personal space and privacy
-  Respect equality – everybody should be treated the same regardless of race, disability, gender, sexuality or religion
-  Pay attention to your surroundings, especially when crossing the road – remember we drive on the left



-  Swipe any other student card other than your own*
-  Miss class – your attendance is monitored and very important*
-  Spit
-  Swear or use abusive language
-  Throw rubbish on the floor
-  Cross the road until the green man is displayed
-  Smoking indoors or public places (cafes, restaurants, shopping centres – anywhere indoors)



Visit <https://www.hud.ac.uk/policies/registry/regs-taught/> for more information

Get to know your British dishes



English breakfast



Beans on Toast



Fish, chips and mushy peas



Toad in the hole



Pie and mash



Strawberries and cream



Sunday roast



Everything with a cup of tea (Cuppa)!

Eat and drink - the rules



Paying the bill

If you are invited out, generally the bill is split evenly between everybody there. Sometimes, the host will pay for everything – but not always. You are certainly expected to offer to pay your share.



Tipping

Tipping is not a big custom in the UK but there are certain situations where it is regarded polite to do so. Restaurants are a prime example. Some restaurants will include a 12.5% service charge on the bill, so you need to check in order not to tip them twice.



Paying for drinks

When out for drinks with a group, it's common for one member of the group to buy a drink for everyone (called a 'round'). Once everyone has finished that drink, another person in the group takes a turn to buy everyone a drink. This will go on until everyone has bought a drink for everyone.



Challenge 25

Challenge 25 is a retailing strategy that encourages anyone who is over 18 but looks under 25 to carry acceptable ID if they wish to buy alcohol. You will need photo ID with your date of birth written on it – you can get a PASS ID with TOTUM which will be accepted by all venues.

<https://shorturl.at/UuQgk>





Keep calm... ...stay safe in the UK



The UK is generally a safe place with low levels of crime. But whenever you travel to a new country, it is vital you look after yourself.



Avoid displaying expensive items such as watches, jewellery or mobile phones in busy public places.



Try not to carry large amounts of money with you.



If you have lost a key or just moved into a new property, it is a good idea to change the locks after speaking with your landlord.



999 – Emergency (police, fire and ambulance)



112 – Emergency (UK Mobile)



111 - Non-Emergency for health



101 – Non-Emergency for police

Your first day in class



Paniz
Iran

“You have all the support you need on campus, just ask for help and there are always nice people in the university to help you .”



Jaber
Bangladesh

“Embrace the challenges and use your creativity. Think, find & create the next beautiful thing.”



Babatunde
Nigeria

“Its important to know your timetable and get to know your course mates, this will help you integrate” quickly”



Ana-Maria
Romania

“Get involved and take advantage of the opportunities by joining various societies on campus to make settling in easy and form long- lasting friendships”





Supporting you...




Use the FREE support available to you on campus.

Don't be shy – it's there for you!



Accommodation

Get support from the HudLets in the Students' Union and have access to high quality accommodation at a fair price during your studies.

 Visit us in the Student Central Building Level 5

Careers and Employability

Get support with CVs, interview techniques, preparing yourself for work

 Ask at the iPoint for more details


International Office

Immigration advice, tuition fees and guidance on living in the UK

 Visit us in Student Central


iPoint

Get help with student cards, certificates, letters and changing details

 Visit us in Student Central Building, Barbara Hepworth Building and Daphne Steele Building. See [Map](#).

Students' Union

Get independent help and advice on University life and activities

 Visit us in Student Central


University Safety Officer

Visit the Safety Officer on campus for advice

 Ask at the iPoint for more details

Wellbeing and Disability

Homesickness, personal problems and advice

 Visit us at iPoint

Explore Huddersfield...



...and beyond



Marsden Standedge Tunnel



Castle Hill/Jubilee Tower



Yorkshire Sculpture Park



Huddersfield Town Football Club



Knaresborough



Haworth



Chatsworth House



Buxton



Lake District



Northumberland



Harold Wilson statue



Holmfirth



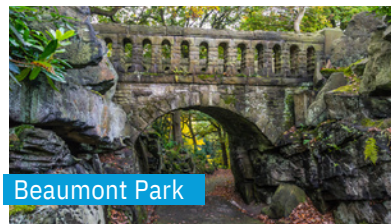
Whitby



London



National Coal Mining Museum



Beaumont Park




Edinburgh



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University of
HUDDERSFIELD
Inspiring global professionals